

Healing Broken Bonds: Attachment and Trauma in Children



Presenter: Mary F. Gay, PhD, LPC, CPCS

Event Date: Saturday, July 20, 2019

Event Time: Check-in: 8:30am Program: 9:00am to 4:30pm

**Cost: \$125 by 7/10/19 or \$140 after
Students and APC's receive a \$25 discount!
Core CE Credits (6) approved LPCA of GA**

**Place: Sage Center
2849 B Henderson Mill Road
Atlanta, GA 30341**

Contact marygaylpc@gmail.com for more information

**Sponsored by the Sage Center and the Southeastern
Counselor Training Institute**

About the Presenter: I am a Licensed Professional Counselor of GA in clinical practice since 1995. I co-founded the Atlanta North Center for Change in Roswell GA in 2000 and I have held the Certified Professional Counselor Supervisor credential since 2016. I taught as a counselor educator in the university setting for 12 years. I work with individuals of all ages and also do play, family, and relationship therapy. My specialty areas include working with children and adults who have experienced developmental trauma and attachment difficulties across the lifespan, personality disorders, and addiction.

Description: This workshop will consist of an overview of Bowlby's attachment theory and the current neurobiological research (just the basics!) on the impact of developmental trauma to attachment processes. Participants will learn how to identify attachment disruption and trauma symptomology in children and adolescents. An introduction to research-based interventions from an attachment informed theoretical model will be provided using video and composite case studies. This workshop has an experiential component that will stimulate the counselor to reflect on his/her own attachment experiences.

Objectives: Participants in the workshop will be able to:

1. Identify the theoretical and neurobiological research regarding Bowlby's attachment theory.
2. Identify Bowlby's attachment styles and the role of developmental trauma on attachment processes.
3. Discuss research-based strategies for intervening using attachment and trauma theory conceptualizations

Registration and Payment: \$125 by 7/10/19 \$140 after 7/10/19

Attention: APC's and Students receive 25.00 discount!

Name: _____

Discipline _____ License Number _____

E-mail _____ Sign-Up for E-Mail Notifications: Y or N

Address: _____

Phone: _____

How did you hear about this workshop? _____

Send Registration and Check or Money Order Payment To:

Mary Gay
490 Sun Valley Drive, Suite 205
Roswell, GA 30076
770-642-4236 x22

Or email registration to marygaylpc@gmail.com and Venmo payment to @Mary-Gay-15 or email registration and pay via credit card at website drmarygaylpc.com. Cancellation Policy: full refund if cancelled by July 15, 2019 (- 3% fees if paying by credit card). No refunds after July 15 unless documented emergency.

Agenda

Healing Broken Bonds: Attachment and Trauma in Children

8:30 am Check-in

9:00-10:30am: Introduction to Bowlby's Attachment Theory and
Identification of Attachment Styles in Children
Exploration of Person-of Therapist Attachment Style

10:30 to 10:45am Break

10:45am to 12:00pm: Identifying Developmental Trauma and Impact on
Attachment Processes: Symptoms and Differential Diagnosis
Considerations

12:00pm to 1:00pm: Lunch on Your Own

1:00pm to 2:30pm: Introduction to Research Attachment Based
Interventions for Developmental Trauma

2:30pm to 2:45pm: Break

3:00pm to 4:30pm: Integration of Attachment Interventions With
Family Systems and CBT Interventions

4:30pm Workshop over; CE Certificates Issued

Door Prize Drawing!!!!!!!!!!!!!!

Note: You must arrive on-time and stay through entire workshop to
receive CE credit.